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COVENANT JOURNEY CHECK LIST

Pre-Departure

1. Passport must be valid for six (6) months or more from last day in Israel (email photo page to CJ and make a copy of the photo page to carry with you)
2. Schedule flight to arrive at CJ point of departure in US to allow sufficient time to be at the CJ meeting location for pre-flight briefing, and schedule return flight home no earlier than three (3) hours after landing in the US
3. Provide flight itinerary to and from point of departure to CJ

Packing

1. Pack your carry-on with one extra set of clothes
2. Underwear
3. Socks
4. Long pants/slacks/jeans/capris/shorts (shorts should be finger-tip length)
5. T-shirts/blouses/shoulder-cover or wrap (Brand suggestions: Columbia or Ex-Officio etc)
6. Walking shoes/tennis shoes (chacos, tevas etc)
7. Hat
8. Swimsuit (preferably one-piece for women but modest for all)
9. Flip-flops
10. Sunglasses
11. Sun screen lotion
12. Toiletries (Note: Bring ALL necessary toiletries. They are not easy to purchase.)
13. Prescription medications/over-the-counter medicines (advil, digestive, stomach etc)
14. Electrical adapter and converter
15. Cash in US Dollars for water and some personal purchases (small bills - \$1, \$5, \$10)
16. Notify Credit Card company the dates travel to Israel
17. Check cell phone packages for Israel (if desired)
18. Checked luggage may not exceed 50 lbs (pounds)
19. Bible
20. Pen or pencil
21. Journal

Departure

1. Book flights to arrive in plenty of time in case of flight delay (3 hour window preferred)
2. Notify CJ of any delayed or changed flights
3. Rechecking baggage at point of departure is recommend to minimize transfer problems
4. Arrive in time for CJ pre-flight briefing at point of departure
5. Go through security together as a group

Arrival

1. Turn off cellular roaming data when not using Wi-Fi
2. No need to change US dollars to Shekels