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COVENANT JOURNEY CHECK LIST

Pre-Departure

1. Passport must be valid for six (6) months or more from last day in Israel (email photo page to CJ and make a copy of the photo page to carry with you) and
2. High quality color wallet-size head shot photo (email to CJ)
3. Bio suitable for publishing based on CJ model bio (email to CJ)
4. Complete medical form (email to CJ)
5. Schedule flight to arrive at CJ point of departure in US to allow sufficient time to be at the CJ meeting location for pre-flight briefing, and schedule return flight home no earlier than three (3) hours after landing in the US
6. Provide flight itinerary to and from point of departure to CJ
7. Necessary items for trip:
 - (a) electrical plug adapter from US to Israel outlets (US to two prongs is best),
 - (b) converter if needed (most electronics do not need a converter in Israel)
 - (c) prescription medications, and
 - (d) walking/tennis shoes
8. Suggested items for trip:
 - (a) touring/hiking clothes (Columbia or Ex-Officio Gander Mountain are good examples of light hiking clothes for warmer weather), and
 - (b) touring/hiking underwear (Columbia or Ex-Officio Gander Mountain are good examples for all-weather conditions)

Packing

1. Check weather and pack accordingly
 - a. In the winter the weather can fluctuate between warm and cold
 - b. In the summer the weather will be warm to hot
 - c. In the event of rain bring a light cover or wear clothes that dry quickly
2. Underwear
3. Socks
4. Long pants/slacks/jeans/capris
5. Shorts
6. Shirts/blouses/shoulder cover or wrap
7. Walking shoes

8. Other shoes (if desired)
9. Hat
10. Swimsuit (preferably one-piece for women but modest for all)
11. Flip-flops or water shoes
12. Sunglasses
13. Suntan lotion
14. Toiletries
15. Prescription medications
16. Over the counter stomach or nausea medications (if necessary)
17. Electronics and charger
18. Electrical adapter and converter (if electronics require conversion)
19. Jacket/coat/sweater (depending on weather and seasonal temperatures)
20. Gloves and scarf (depending on weather and seasonal temperatures)
21. Cash in US Dollars for water and some personal purchases
22. Notify Credit Card company the dates travel to Israel
23. Check cell phone packages for Israel (if desired)
24. Pack a change of clothes and some personal items to carry on the flight
25. Checked luggage may not exceed 50 lbs (pounds)
26. Passport and copy of photo page
27. Bible
28. Pen or pencil

Departure

1. Book flights to arrive in plenty of time in case of flight delay
2. Notify CJ of any delayed or changed flights
3. Rechecking baggage at point of departure is recommend to minimize transfer problems
4. Arrive in time for CJ pre-flight briefing at point of departure
5. Go through security together as a group
6. Assemble at departure gate (after security) at least 1 ½ hours prior take-off

Arrival

1. Turn off cellular roaming data when not using Wi-Fi
2. No need to change US dollars to Shekels
3. To best adjust to the time change stay awake as long as possible after arriving in Israel
4. When you arrive in Israel, you will proceed according to the following:
 - a. Go to Customs where you will be questioned about the purpose, length and location of your stay in Israel,
 - b. Customs will issue you a “Stay Permit” which you will use the bar code to open the final electronic gateway when you exit Customs, and you must keep this Stay Permit with your passport during your entire visit in Israel,

- c. After exiting Customs you will be greeted by a CJ representative near the baggage carts,
- d. You may use a baggage cart at no cost,
- e. After getting your luggage, gather where the CJ representative has directed you, which will be near the large “Welcome to Israel” sign written in English and Hebrew,
- f. The entire group will gather for a picture in front of the “Welcome to Israel” sign,
- g. After the picture the group will proceed out of the baggage area and meet the tour guide,
- h. The group will board the tour bus and begin the journey